



**ARE YOU TIRED OF BEING
OVERWEIGHT?**



**DO YOU KNOW THAT 1/3 OF
THE POPULATION IS INSULIN
RESISTANT AND MAY HAVE
METABOLIC SYNDROME?**



A W8MD Wellness Center

Lose 2 - 4 lbs a Week With W8MD Weight Loss and Wellness Program

OUR W8MD WELLNESS PROGRAM OFFERS

- inexpensive, individualized weight loss plan with all of the right ingredients.
- a loss of between 2-4 pounds a week with nutritious, easy to prepare, pre-portioned food and or anorectic medications.
- a consultation with **Dr. Prab R. Tumpati, MD, FASBP**, a bariatric, sleep and internal medicine physician with experience in treating obesity, its associated conditions and a wide variety of sleep disorders.
- Anorectic and other medications as indicated.
- instruction on nutritional programs teaching you:
 - about metabolic syndrome, insulin resistance and whether you are at risk.
 - the proper amount of low glycemic foods you should be eating on a daily basis to fit your needs.

- the correct food combination of protein, fats and carbohydrates.

Our Medical Director, Prab R. Tumpati, MD, FASBP, is a Fellow of the American Society of Bariatric Physicians (ASBP) with considerable interest and expertise in medical management of patients with obesity and metabolic syndrome.



Having extensive education in the field of Bariatric Medicine, Dr. Tumpati also passed a written board examination. Dr. Tumpati offers individualized medical weight loss treatments tailored for each patient, in addition to offering life-long weight loss maintenance plans and wellness advice to families and individuals. As the founder of W8MD, Dr. Tumpati is passionate about the metabolic effects of weight disorders and appeared on many Radio and TV interviews. Call **215-676-2334** to set up a consultation today with our Bariatric Physician! **Most health insurances are accepted for weight loss***. Check out our bariatric website, [www. W8MD.com](http://www.W8MD.com) to learn more.

* Individual coverage may vary.